



STARTERS

		Kcal	Price
	Suffolk Smokies - flaked smoked haddock in a cheese sauce served with toast (g, f, mi, mu, sd)	500	£9.50
	Smoked haddock and leek chowder, with petit pain (g, f, mi, sd)	475	£9.00
pb	Tenderstem broccoli, dukkah spiced cashews with chilli oil (n, ss)	190	£8.75
	Salt and pepper squid, mixed leaf salad with sweet chilli sauce (mo,g,mu)	400	£9.00
	Thai style crab cakes with sriracha mayonnaise (cr,e,mi,mu,g)	500	£8.50
	Seared scallops with Suffolk bacon and pea puree (mo,mi)	425	£12.50

FROM THE FRYER

	Adnams beer battered fish and chips with peas, lemon and tartare sauce (g, f, so, sd, e, mu) <i>50p from every fish & chips purchased is donated to support the charitable works of the Adnams Community Trust</i>	1325	£18.00
	Wholetail scampi and chips, with peas, lemon and tartare sauce (cr, g, e, mi, mu, so)	1135	£18.00
	Battered halloumi and chips with peas, lemon and tartare sauce (g, e, mu, mi, so, sd)	1420	£16.50

MAIN COURSES

	Harbour fish pie with prawns, salmon, cod, smoked fish and, potato gratin, served with peas (g, cr, e, f, l, mi)	950	£18.50
	Thai fish curry with steamed rice (f,cr)	870	£19.50
	Chicken supreme, mash, Wangford Cavolo Nero and mushroom sauce (sd,mi)	850	£18.50
pb	Homemade five bean chilli with steamed mixed rice (ce, g)	590	£16.00
	Pan fried fillet of sea bass with sauteed new potatoes, Winter greens and salsa verde (f,mi,mu)	800	£19.00

SIDES

	Chips / Cheesy chips (m)	425/495	£4.00/£4.50
	Garlic bread (g, m) / Cheesy garlic bread (g, m)	250/325	£4.00/£4.50
pb	Beer battered frickles, burger sauce (ce, e, mu, sd)	325	£5.00
	New potatoes with garlic butter (mi)	450	£5.00

OUR MENUS ARE LOCALLY SOURCED, RESPONSIBLY PRODUCED AND SUSTAINABLY DELIVERED

For dietary requirements or allergy information, please speak to a member of our team. Adults need around 2000 Kcal a day.



SANDWICHES SERVED 12-4 PM

		Kcal	Price
	<i>All served with crisps and a salad garnish</i>		
v	Cheddar cheese and onion jam (g, mi, mu, sd)	545	£8.50
	Suffolk ham and Stokes piccalilli (g, mi, mu, sd)	420	£9.00
	Battered fish fingers, gem lettuce, red onion and tartare sauce (g, mu, sd)	440	£9.50
	Smoked salmon, pickled cucumber with dill cream cheese (g,mi,mu,sd)	400	£10.50

CHILDREN'S PLATES

All served with chips or mashed potatoes and peas or salad

	Wholetail scampi (g, e, cr, mi, mu, s)	460	£8.50
	Battered cod (f, mi, mu, so, sd)	680	£8.50
	Suffolk ham and a fried egg (e)	430	£8.50
	Chicken goujons (g, e, mi)	570	£8.50

DESSERTS

See blackboard at bar for today's selection of desserts

For more information on the Adnams Community Trust please scan the QR code



ALLERGENS

g = gluten, ce = celery, cr = crustaceans, e = eggs, f = fish, l = lupin, mi = milk, mo = molluscs,
mu = mustard, n = nuts, p = peanuts, ss = sesame seeds, so = soya, sd = sulphur dioxide

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