

THE **HARBOUR INN**

	S T A R T E R S	Kcal	Price	
(gfa)	Suffolk 'Smokies' (flaked, smoked haddock in a cheese sauce), with toast	475	£9.50	
(gfa)	Smoked haddock and leek chowder, petit pain	500	£9.00	
(gfa)	Prawn cocktail, served with bread and butter	410	£9.50	
(v)	Harbour frickles (sliced gherkins fried in beer batter) with a cheese dipping sauce	320	£6.50	
(v)	Adnams Ghost Ship 'rarebit', onion marmalade	870	£9.00	
Gluten free bread available with all dishes marked *gfa				

MAIN COURSES

	Adnams beer battered fish and chips, minted mushy peas or garden peas, lemon, tartare sauce 50p from every fish & chips purchased is donated to support the charitable works of the Adnams Community Trust	1450	£18.00
	Wholetail scampi, chips, garden peas, lemon, tartare sauce	1135	£16.50
	Harbour fish pie with prawns, salmon, cod, smoked fish and boiled egg, served with garden peas	950	£18.00
(gf)	Grilled fish of the day served with samphire, house butter and potatoes (see board for today's options)		
	Homemade beef burger with smoked cheddar and streaky bacon, served with chips and onion jam	1320	£15.00
(pb)	Moving Mountains vegan burger, brioche bun, coleslaw, red onion jam	690	£14.50
(v)	Wild mushroom mac n cheese with truffle Baron Bigod and garlic foccacia	990	£14.50

SIDES

Chips / Cheesy chips425/495 £4.00/£4.50Garlic bread / Cheesy garlic bread250/325 £4.00/£4.50Beer battered frickles325 £4.00



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	S A N D W I C H E S	Kcal	Price
	All served with crisps and a salad garnish		
(v)	Cheddar cheese and onion jam	545	£8.50
	Suffolk ham and Stokes piccalilli	420	£8.50
	Classic prawn cocktail	440	£8.50

CHILDREN'S PLATES

8.50
8.50
8.50
8.50

DESSERTS

See blackboard at bar for today's selection of desserts

For more information on the Adnams Community Trust please scan the QR code

