



Allergens menu

If you have a food allergy or intolerance, please inform a member of the team before placing your order.

Please be aware that all our dishes are prepared in a mixed kitchen where nuts and gluten are present, as well as other allergens, therefore we cannot guarantee that any food item is completely 'free from' traces of allergens.

C-CELERY G-GLUTEN CR-CRUSTACEAN E-EGGS F-FISH L-LUPIN M-MILK MO-MOLLUSCS

MU-MUSTARD N-NUTS P-PEANUTS SE-SESAME S-SOYA SU-SULPHITES

Smaller plates

Suffolk Smokies (flaked smoked haddock in a cheese sauce), granary toast	F, M, G, C, MU
Suffolk smoked haddock and leek chowder, freshly baked baguette	CR, F, M, G, SE, SU
Pan-roasted herring milts on granary toast, lilliput caper and parsley butter	TBC
Two quails' scotch eggs, piccalilli, dressed salad leaves	TBC
Heritage tomato, vegan feta and basil puff pastry tart, baby herb salad	TBC
(v) Truffle-scented Cheddar and Baron Bigod mac 'n' cheese, toasted garlic bread, green salad	M, G, C, MU, SU

Bigger plates

(v) Truffle-scented Cheddar and Baron Bigod mac 'n' cheese, toasted garlic bread, green salad	M, G, C, MU, SU
Cheddar-glazed fish pie (cod, oak smoked haddock, salmon, prawns, grated egg), steamed seasonal vegetables	CR, F, E, M, C
Cod and prawn Goan curry, braised saffron rice, toasted naan bread	CR, F, MU, SU
Chargrilled Suffolk steak burger, Smoked Applewood cheese, tomato chutney, chips and coleslaw	G, MU
Pair of grilled local slip soles, cockle and herb butter, spouting broccoli and new potatoes	TBC



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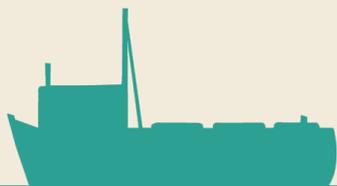
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|--|-------|
| (v) Roasted butternut squash and butterbean jambalaya, coriander flatbread | TBC |
| (v) Roasted sweet potato, aubergine and chickpea curry, braised saffron rice, toasted naan bread | C, SU |
| Smoked Suffolk ham, 2 fried free-range eggs & chips | E, G |

From the fryers

- | | |
|--|-------------|
| Adnams Ghost Ship battered cod, served with chips, crushed minted peas, lemon wedges, tartare and curry sauce | F, G |
| Adnams Ghost Ship battered locally smoked haddock, served with chips, crushed minted peas, lemon wedges, tartare and curry sauce | F, G |
| (v) Veggie "Fish & Chips" Chilli, coriander and lime tempura battered Halloumi served with chips, crushed minted peas, lemon wedges, tartare and curry sauce | M, G |
| Breaded wholetail scampi, chips, peas and tartare sauce | CR, G |
| Devilled whitebait, lemon wedges, bread and butter | F, E, G, MU |

Sandwiches

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|---|----------------|
| On granary bread with salad and crisps | |
| Cheddar cheese and Adnams Broadside chutney | M, G, MU, SU |
| Smoked Suffolk ham and English mustard | M, G, MU |
| Fish fingers, baby gem and tartare sauce | F, E, M, G, MU |



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Sides

Mixed salad bowl	MU, SU
Seasonal vegetable bowl	
Bread and butter	M, G
Crushed minted peas	M, C
Chunky chips	G

Children's menu

Junior cheddar-glazed fish pie, seasonal vegetables	CR, MO, F, E, M, C
Kids cod and chips with garden peas	F, G
Mac 'n' cheese, mixed salad and garlic bread	E, M, G, C, MU
Chicken goujons, chips and salad	M, G



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Desserts

Sticky toffee pudding, butterscotch sauce and vanilla ice cream	E, M, G
Warm chocolate brownie, salted caramel ice cream	E, M, G
Baked vanilla and lime cheesecake, pistachio ice cream	TBC
Warm apple and blueberry frangipane tart, clotted cream	TBC
Selection of local ice creams, by the scoop	M

Should you require assistance with dietary requirements or allergy information, please speak to a member of our team. We're happy to help.